Maude S Canyon Trail to Lady of the Rockies (~12 km out and ~12 km back)

Directions:

Take I-90 Continental Divide Exit #228, and turn east on Mt. Highland Dr and then north on Saddle Rock Rd. You'll see the trailhead sign and parking area to your left.

Description:

Steep climb on single-track to the top of the Continental Divide, then follow the CDT on rolling terrain, eventually passing below, and east of, the Lady. Footing good but with the normal rocks, roots and ruts. Chance of cold and snow where the route tops out, even during the warm months. After passing below the Lady, the route splits away from the CDT and climbs steeply to the access road to the Lady. Turn south (left) on the gated road back to the Lady.

Negatives:

Count on finding cold wind and no running water at the Lady.